



JULY 2020

Let Freedom ...and Empathy... Ring!

Photo by Andrew Calhoun, Unsplash

In preparing this newsletter, I re-read last year's July version and was vividly impressed with what a difference a year makes!

Who would have thought that as we celebrate this July 4th, we would be a world that has been turned completely upside down?

Last year, I highlighted the courageous change agents that forged through major resistance to launch our country.

But when I think about our current challenges as a country, I believe we all continue to be called to be change agents and "to be the change we want to see".

If we are to continue to sustain our nation and the values on which it was built, we all have to become change agents in our own right. Regardless of what your belief systems are, we each need to stand up for our values, our safety, our families...and we need to stand up for change.

We are blessed to live in a country that was built on the premises of being able to do so.

Being effective change agents means being consumed with **EMPATHY** and **UNDERSTANDING**.

We cannot inspire others to make conscious decisions to change their behaviors unless we ourselves have "removed the plank from our own eyes". You cannot be empathetic unless you have self-awareness.

Empathy is the essence of emotional intelligence. It is not a sign of weakness but rather of strength.

Empathy allows you to really hear and understand others perspectives. It means being aware of others feelings and taking time to mentally walk in their shoes.

It does not mean you agree. It just means you "get it" – as much as you can without being the other person.

Empathy is hard and takes time. It means putting others ahead of yourself.

But being empathetic allows you to elicit another person's inner purpose and

create something meaningful together.

How do you get **EMPATHY**?

Listen, listen, and then listen some more. Suspend judgment. Be intentional in your inquiries. Be willing to grow yourself.

Our “new normal” will not tolerate anything less.

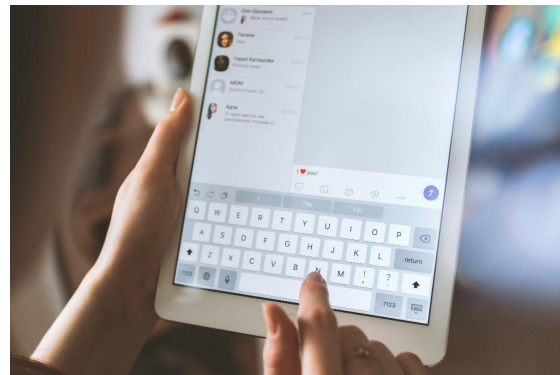
“People will forget what you did, but people will NEVER forget how you made them feel” - Maya Angelou

REMOTE WORK QUICK TIP!

Create Virtual Water Coolers!

Working virtually minimizes the ad-hoc camaraderie that gets built when hanging out in the lunchroom or bumping into someone in the hallway.

Set up dedicated chat rooms or email discussion threads that let people share their latest Netflix binge watch, what they’ve been doing for fun or what they’ve been working on.



Drink Up!

Upcoming Speaking Engagements



“How to Make Your Change Leadership Magic Happen”

July 14th, 2020
6:00pm - 8:00pm
Via Zoom

Beacon Networking for Life:
Women’s Dine Around

[Register Here](#)

Develop Your Change Management Skills

So **EVERYONE** is saying it now!
“Change is the New Normal”

Are you ready for it?
Are you ready to lead it?

You **DON'T HAVE TO BE** a professionally certified change

practitioner to do so.

AND



You can learn how **RIGHT HERE, RIGHT NOW!**

Change Management Fundamentals is our capstone, premiere online course that teaches the essential skills to lead and manage organizational change initiatives!

And you can get a sneak peek with our **FREE** training videos!

To **learn more and sign up for the videos**, go to ChangeManagementFundamentals.com and sign up at the **"I WANT IN!"** button at the bottom of the screen!

If you're smart, you'll do it!



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