



How Being a Self-Aware Organization Gives You a Competitive Edge

Organizations that have a self-awareness culture are more attractive, agile, and competitive.

It's likely that you are already familiar with the term "self-awareness". In emotional intelligence (EI), the term originally coined by psychologists [Peter Salovey and John Mayer](#) and popularized by Dr. Daniel Goleman, self-awareness is the foundational pillar of four that make up the EI model - Self-Awareness, Self-Management, Social Awareness and Social Skill.

Salovey and Mayer describe emotional intelligence as *"a form of social intelligence that involves the ability to monitor one's own and others' feelings and emotions, to discriminate among them, and to use this information to guide one's thinking and action"*.

When we extrapolate this definition and apply it to the organizational level, businesses can develop greater awareness and become more intentional about how day to day operational decisions are made, ultimately creating workplaces where people actively contribute their best.

Click [here](#) to learn more about the benefits of building a Self-Aware organization!

Give Your Hybrid Work Teams a Sense of Well-Being!

We are proud to announce our newest learning program to help leaders and their teams thrive in the hybrid workplace!

"Cracking the High Performing Hybrid Work Team Code"

This four session team coaching program of virtually delivered micro learnings over the course of 2-3 months works with intact teams to implement hybrid work best practices.

Real change and lasting behavior change occurs when all the stakeholders on a team are brought into the process to craft their future together. In between sessions, the team practices the concepts they are learning and throughout the program, the team continuously assesses how they are doing.

Session 1: Navigating the Challenges and Realities of the Hybrid Workplace

Session 2: Optimizing Performance

Session 3: Establishing Value Add Team Communications Processes

Session 4: Developing and Sustaining a Collaborative Team Culture

To learn more, contact us at info@transformstrat.com. Each session is also provided as a customized, stand alone offering.

Making Connections

Complimentary Virtual Facilitated Networking Events
Third Thursday Every Month 12:00 Noon (Eastern)

Connect with other change practitioners, coaches, human resource business leaders and other experts!

No agenda....just pure networking. Come join us!

Really look forward to seeing you!

Thursday, September 21, 2023 12:00 Noon

Click here to [register!](#)

Provocative "Casts" and Reads

Recent Blogs

["Why Intentional Leadership Matters"](#)

["Change Leadership vs. Change Management"](#)

["The 5 Rookie Mistakes New Change Leaders Make"](#)

Are You Ready to Release Real Change?

Whether you are looking to implement a large scale change, build leadership skills, strengthen team relationships or become a great change leader, Transformation Strategies is here to help!



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